

No.125/1/2015-16-CCSCSB
Government of India
Ministry of Personnel, Public Grievances & Pensions
(Department of Personnel & Training)

Dated:21.06.2017

CIRCULAR

Sub: Scheme for Promotion of Adventure Sports & Similar Activities amongst Central Government Employees- Programmes to be organized by Youth Hostel Association of India.

Please refer to the Department of Personnel & Training Office Memorandum of even number dated 04.12.2015 regarding Scheme for Promotion of Adventure Sports & Similar Activities amongst Central Government Employees(copy enclosed).

2. The Youth Hostel Association of India has offered the following programmes for Central Government Employees eligible under the Scheme:

S.No		
1	Programme Name	National Family Camping (Leh)
	Duration	4N/5D
	Reporting Dates	20.05.2017 to 19.07.2017
	Course fee	7800/-
2	Programme Name	National Himalayan Trekking Expedition Valley of Flowers (Rishikesh)
	Duration	8N/9D
	Reporting Dates	15.07.2017 to 10.09.2017
	Course fee	6500/-
3	Programme Name	National Himalayan Trekking Expedition (Roopkund)
	Duration	9N/10D
	Reporting Dates	15.09.2017 to 10.10.2017
	Course fee	6000/-
4	Programme Name	National Himalayan Trekking Expedition Kashmir Great Lakes(Sonmerg)
	Duration	9N/10D
	Reporting Dates	05.08.2017 to 25.08.2017
	Course fee	8000/-
5	Programme Name	National Mountain Biking Expedition (Leh)
	Duration	7N/8D
	Reporting Dates	01.08.2017 to 15.08.2017
	Course fee	8500/-
6	Programme Name	National Himalayan Hampta Pass & Chandertal Trekking Expedition (Kullu)
	Duration	8N/9D
	Reporting Dates	15.08.2017 to 14.09.2017
	Course fee	6000/-

7	Programme Name	National Family Adventure Camping Seobagh(Kullu)
	Duration	4N/5D
	Reporting Dates	23 rd , 28 th Sept., 3 rd , 8 th , 13 th , 23 rd and 28 th Oct. 2017
	Course fee	7400/-
8	Programme Name	National Family Adventure Camping (Srinagar Kashmir)
	Duration	4N/5D
	Reporting Dates	18 th , 23 rd , 28 th Sep. 3 rd 8 th , 13 th , 23 rd and 28 th Oct. 2017
	Course fee	5000/-
9	Programme Name	National Himalayan Winter Trekking Expedition (Dalhousie)
	Duration	5N/6D
	Reporting Dates	10.12.2017 to 06.01.2018
	Course fee	4900/-
10	Programme Name	National Himalayan Winter Trekking Expedition Kedarkantha
	Duration	7N/8D
	Reporting Dates	15.12.2017 to 08.01.2018
	Course fee	5200/-

Schedule for all programmes

Day 1 : Reporting at Base Camp

Day 2 : Orientation & Acclimatization (Acclimatization walk upto 5 km), Rock Climbing)

Day 3, 4, 5 etc: Move to higher Camps through trail & Trek/cycling through forest,uphills, downhills, fields with night stay at every camp.

Last day : Check out after Breakfast.

Services : Group Insurance, All Meals including Buffet Breakfast, Buffet/packed Lunch, evening snacks, Buffet Dinner and milk, Nutritious vegetarian food, Tented/ Built accommodation on sharing basis whichever is available Sleeping sheets & Sleeping bags at every camp site, Blankets, Rucksacks on returnable basis, Bus transfer where required, First aid and medical, participation certificate after successful completion of the trek.

Things to be brought by participants

Wearable Items : Trekking shoes, T-shirt/Dry fit(3), Track Pant(2), Woollen/Poly fill/Down jacket (1), Wind Jacket(1), Monkey Cap, Gloves, Thermals, Inner garments, Light raincoat with hood, 3 pairs of woollen socks.

Accessories: Water Bottles, lunch box, enamelled, steel mug or tumbler, Steel or plastic plate spoon, water purifying tablets, pen-knives, needles, thread, spare buttons, goggles(other than blue glasses), Cold cream or Vaseline, soap, toilet paper, towel, medicines which are normally used at home.

3. If there is any query relating to the above mentioned programmes applicant may contact Shri Ankit Gupta, Marketing Officer, YHAI at 011-45999026, email : ankit@yhaindia.org.

4. The interested and eligible Central Government Employees may submit his/her application directly to YHAI and a copy of the same may be endorsed to Secretary, CCSCSB, Room No. 361-B wing, Lok Nayak Bhawan, Khan Market, New Delhi. Advance payment for the programme has to be paid directly to the organiser and reimbursement as admissible will be made after successful completion of programme. On completion of said activity, applicant may submit expenditure details(fee receipt & Tickets in original) along with Aadhar Number and Bank Details(Name of Bank, Account Number, IFSC Code and Branch Code) for smooth reimbursement of claim.


(Kulbhushan Malhotra)
Secretary (CCSCSB)

To

Director/Deputy Secretary (Administration) of all Ministries/Department.
Copy to : Shri Ankit Gupta, Marketing Officer, YHAI.

**No.125/1/2015-16/CCSCSB
Government of India
Ministry of Personnel, Public Grievances & Pensions
Department of Personnel & Training**

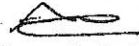
**Lok Nayak Bhawan, New Delhi
Dated 04th December, 2015**

OFFICE MEMORANDUM

Sub: Scheme for promotion of Adventure Sports and similar activities amongst Central Government Employees.

The undersigned is directed to enclose herewith a copy of the Scheme for promotion of Adventure Sports and similar activities amongst Central Government Employees with the request that the contents of the Scheme may please be disseminated amongst the employees who are eligible to avail the benefits of the Scheme.

2. The details of the programmes etc. will be circulated/placed on the website of the Department of Personnel & Training separately.


(Abhay Jain)

Under Secretary to the Govt. of India.

Tel:24646961

To

**Director/Deputy Secretary (Administration) of all
Ministries/Deptt.**

No.125/1/2015-16-CCSCSB
Department of Personnel & Training

New Delhi, the 4th December, 2015.

SCHEME FOR PROMOTION OF ADVENTURE SPORTS & SIMILAR
ACTIVITIES AMONGST CENTRAL GOVERNMENT EMPLOYEES

1. **Background:** The Department of Personnel and Training recognizes that welfare of employees is one of the prime tasks of personnel management and sports activities play an important role in improving their efficiency and morale. Participation by Central Government Employees in adventure sports and similar activities will give them a platform where they would learn lessons from nature and use the knowledge acquired for welfare of the society.
2. **Vision:** To foster spirit of risk-taking, cooperative team work, capacity of readiness, vital response to challenging situations, endurance and environmental awareness.
3. **Mission:** The Mission of the Scheme for promotion of adventure sports and similar activities is to encourage Central Government Employees working in the Ministries/Department of the Government of India to take part in these activities by giving financial assistance and other incentives. The Central Civil Services Cultural & Sports Board, a Society registered under the Society Registration Act, 1860, which is under the aegis and control of the Department of Personnel & Training will be the nodal agency for the Scheme.
4. **Objectives:**
 - (i) The Scheme would tackle the alarming situation of stress and impact of sedentary life on Government servants as highlighted in several studies conducted so far;
 - (ii) It would provide a creative outlet to Central Government Employees;
 - (iii) It would create and foster spirit of risk – taking, cooperative team work, capacity of readiness and vital response to challenging situations and of endurance;
 - (iv) Central Government Employees would be prepared for better Disaster Management; and
 - (v) Environmental awareness would be inculcated amongst the Central Government Employees.
5. **Scope of the Scheme:** The scope of the Scheme is limited to Central Government Employees working in the Ministries/Departments of Government of India. It will also be limited to the programme run

by Institutes/Organizations approved by the Department of Personnel & Training.

6. **Activities to be sponsored and Institutes:** The Department of Personnel & Training will sponsor programmes of 5-7 days duration to be organized by the Institutes/Organizations listed at **Annex-I**. The programme will have components of environmental awareness, disaster management, team spirit, capacity building, and Swachchh Bharat Campaign. The activities under the programme will be Trekking, Mountaineering, Rock-Climbing, Cycling in a difficult terrain, Skiing, Surfing, Boat Sailing, Snorkeling, Rafting, Para Sailing, Ballooning, Para Gliding, Jungle Safari/Trekking, Desert Safari/Trekking, Beach Trekking and Environmental Awareness Camps etc. A Calendar of the programmes admissible under the Scheme will be circulated by the Department of Personnel & Training from time to time.

7. **Financial Assistance and other incentives:**

- 7.1 The Department of Personnel & Training will provide financial assistance to the eligible Central Government Employees for the programme of approved activities and conducted by the Institutes listed in **Annex I**.
- 7.2 Financial assistance will be in the form of reimbursement of Travel Expenses, programme fee and Hiring Charges of the equipments as per the terms and conditions specified in paragraph 7.3 and with a maximum ceiling of Rs.20,000/- (Rs. Twenty thousand only) per person per camp. The assistance will be limited to one activity in a block period of two year. Financial Assistance of 100% of programme fee would be provided in a calendar year to two officials of each Ministries/Departments who have been awarded by the Ministry/Department for excellence in service and nominated for the programme.
- 7.3 The following Heads are admissible for financial assistance under the Scheme:
- i) To and fro travel expenses as per the entitlements under Leave Travel Concessions Rules with a maximum ceiling of Rs. 4,000/-;

- ii) Re-imbusement of Programme fee:
 - (a) 90% for Group `C` Central Government Employee;
 - (b) 80% for Group `B` Central Government Employee; and
 - (c) 75% for Group `A` Central Government Employee.
- iii) Actual hiring charges if the necessary equipment are hired from any Government agency with adequate proof subject to maximum of Rs. 2000/-.

7.4 Special Casual Leave will be granted to eligible participants in accordance with Department of Personnel & Training Office Memorandum No. 6/1/1985-Estt.(Pay-I) dated 16th July, 1985 and No. 6/1/85-Estt(Pay-I) dated 7th November, 1988.

8. Procedure for availing benefits of the Scheme:

- 8.1 The Central Government Employee will register himself with the Institute/Organization for the approved programme and make payment for it. He/she will simultaneously also submit his/her application to Central Civil Services Cultural & Sports Board duly forwarded by the Welfare Officer of their respective Ministry/Department.
- 8.2 The Ministry/Department will forward nominations of officials who have been awarded by the Ministry/Department for excellence in service and eligible for Financial Assistance of 100% of programme fee.
- 8.3 The Welfare Officer of the Ministry/Department in each case will certify that the recommended official is a Central Government employee working in the main Ministry/Department and medically fit for the adventure activities opted by him.
- 8.4 The financial assistance will be given on successful completion of the programme and submission of participation certificate to the Central Civil Services Cultural and Sports Board.

9. **Flexibility to expand the scope:** The Department of Personnel & Training will reserve the rights to modify the scheme, addition or deletion of activities, Institutes/Organization, change in pattern of financial assistance and other conditions of the Scheme without any prior notice.

ANNEX I

**LIST OF APPROVED INSTITUTES/ORGANISATIONS FOR SCHEME FOR
PROMOTION OF ADVENTURE SPORTS AND SIMILAR ACTIVITIES
AMONGST GOVERNMENT EMPLOYEES**

1. Nehru Institute of Mountaineering, Uttarkashi, Uttarakhand.
(Recognized by Ministry of Defence and Government of Uttarakhand)
2. Atal Bihari Vajpayee Institute of Mountaineering and Allied Sports,
Manali, Himachal Pradesh. (Government of Himachal Pradesh)
3. Indian Institute of Skiing & Mountaineering, Department of
Tourism, Gulmarg, Jammu & Kashmir. (Ministry of Tourism)
4. National Institute of Water Sports, Vasco da Gama, Goa. (Ministry
of Tourism)
5. Swami Vivekanand Institute of Mountaineering, Mount Abu,
Rajasthan. (Government of Gujarat)
6. Garhwal Mandal Vikas Nigam Ltd, Dehradun, Uttarakhand.
(Government of Uttarakhand)

**Scheme for promotion of Adventure Sports & Similar activities amongst
Central Government Employees**

Application Form

1. Name of Participant_____	Paste recent Passport size photo
2. Father's Name_____	
3. Date of Birth_____	
4. Address_____	

5. Telephone/Mobile No._____

6. Ministry/Department_____

7. Next of kin to be informed in case of emergency_____

I, _____ understand that the Programme may involve serious risk to me. I am undertaking the programme at my own volition, cost, risk and consequences.

I hereby undertake that I will not held responsible Central Civil Services Cultural & Sports Board/ Government of India for any untoward incident/mis-happening.

Date: _____ (Signature of participant)

Place: _____ Full name in BLOCK LETTERS_____

Ministry/Department_____

This is to certify that the applicant is a Central Government Employee working in the main Ministry/Department and information given above is correct. The applicant is medically fit for the adventure activities opted by him/her.

(_____)

Welfare Officer